

GP REFERRAL TO CLINICAL NURSE SPECIALIST CHALAZION CLINIC

A chalazion is a condition in which an obstructed meibomian gland causes a granuloma within the tarsal plate.

Symptoms:

Acute or chronic eyelid lump.

Swelling, pain, tenderness, erythema of eyelid.

Signs

Visible or palpable well-defined subcutaneous nodule in the eyelid.

Treatment

If associated with blepharitis instruct patient re lid hygiene.

Warm compress to eyelid with massage three times a day.

Fucidic Acid 1% drops B.D. for one week or alternatively Chloromycetin BD for one week.

If the chalazion has not resolved two weeks after completing treatment patient may be referred for incision and curettage.

Referral

Suitable patients to be referred to CNS chalazion clinic in A&E dept.

Contact GP Liaison Nurse and fax in referral letter.

086 8520846 fax 01 6343647

Patient will be contacted with appointment.

If not suitable for CNS clinic – refer to OPD as usual.

Eligibility

The following referrals will **not** be accepted in the CNS chalazion clinic:

- Patients on Warfarin, Asprin or Plavix.
- Patients under 16 years of age.
- Recurrent chalazia at the same site.
- Chalazion in close proximity of the tear duct.
- Chalaxion on the lid margin.
- Ulcerated lid lesions.
- Lesions outside the lid area.

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