



# Glaucoma Surgery Post-Operative Instructions

Glaucoma Filtration surgery is an operation to control the pressure in the eye. It works by creating a different pathway for fluid to flow into an area over the white of the eye below the upper eyelid. This is known as a bleb.

There are a number of precautions to take following surgery so that the operation will remain effective long term and the wound will be protected.

## What to Expect after Surgery:

- Your eye will feel tender, particularly under the upper lid, - mild analgesics are usually sufficient.
- A sensation of a foreign body in the eye may be due to a stitch- this usually settles after a few days and the stitches soften and absorb gradually.
- The sight may be blurred or your spectacles may no longer appear to be effective. The blurring usually settles gradually over days, or weeks in some cases. There may be a change in the spectacle prescription but you should not ask your optometrist to prescribe new lenses until 6 weeks or more after surgery.

## Precautions

- No bending over/lifting for 4 weeks following surgery.
- Wear a hard shield over your eye whilst sleeping for at least 3 weeks to avoid accidental rubbing of the eye.
- Use post-operative drops as prescribed, the natural response of the body is to heal the wound, but a small area must remain open for the surgery to be successful long term, hence steroid drops are prescribed as a matter of course and it is essential to use them as frequently as prescribed.

\*Note (the glaucoma drops you used before surgery should be discontinued in the operated eye only).

- Do not rub eye at any time as it can disrupt the sutures in the healing wound.
- It is important to attend all your postoperative appointments in at the hospital – very close follow up is required because if excessive healing takes place adjustments may need to be made to the surgical site to ensure long term success of the surgery.



We hope that this information is helpful to you. If anything is unclear, or you have any other questions you would like to ask, then please do ask the nurse/doctor.

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Revision History

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