



Trichiasis

Patient Information Leaflet

What is Trichiasis?

Trichiasis is an eye lid abnormality in which the eye lashes grow inwards towards the eye ball.

What are the symptoms?

- Irritation of the eye
- Foreign Body Sensation in the eye
- Tearing
- Redness
- Sensitivity to light

What are the causes?

The causes of Trichiasis are: chronic eye lid inflammation, blepharitis or corneal scarring.

What does the treatment involve?

If Trichiasis is limited to a few lashes they can be removed with a forceps by a trained professional. This will result in immediate relief but be aware that this can be temporary as the lashes may grow back. In recurrent cases, it may be recommended that the patient is referred to a clinic in the Out Patients Department to consider further management which may include:

- Electrolysis –An electrical current used to permanently remove hairs
- Cryotherapy- The follicles of the lashes removed by the freezing process.

We hope that this information is helpful to you. If anything is unclear or you have any other questions you would like to ask, then please do ask the nurse/doctor.

**Royal Victoria Eye and Ear Hospital,
Accident & Emergency Department
01 7088535**

Revision History

Ref No.	Version No.	Date Approved	Change	Section No.	Approved by
PIL 042	1	January 2014	New Information Leaflet	n/a	Hospital Management Group