



GP REFERRAL TO CLINICAL NURSE SPECIALIST CHALAZION CLINIC

A chalazion is a condition in which an obstructed meibomian gland causes a granuloma within the tarsal plate.

Symptoms:

Acute or chronic eyelid lump.
Swelling, pain, tenderness, erythema of eyelid.

Signs

Visible or palpable well-defined subcutaneous nodule in the eyelid.

Treatment

If associated with blepharitis instruct patient re lid hygiene.
Warm compress to eyelid with massage three times a day.
Fucidic Acid 1% drops B.D. for one week or alternatively Chloromycetin BD for oneweek.

If the chalazion has not resolved two weeks after completing treatment patient may be referred for incision and curettage.

Referral

Suitable patients to be referred to CNS chalazion clinic in Emergency Department. All referrals to the Nurse-led Cyst clinic must be posted to the below address:

Nurse-Led Cyst Clinic
Emergency Department
Royal Victoria Eye and Ear Hospital
Adelaide Road
Dublin - D02 XK51

Patient will be contacted with appointment. If **not** suitable for CNS clinic – refer to OPD as usual.

Eligibility

The following referrals will not be accepted in the CNS chalazion clinic:

- Patients on Warfarin, Asprin or Plavix.
- Patients under 16 years of age.
- Recurrent chalazia at the same site.
- Chalazion in close proximity of the tear duct.
- Chalaxion on the lid margin.
- Ulcerated lid lesions.
- Lesions outside the lid area.

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